

# Lincoln Families Early Childhood Mental Health Consultation

## TEACHERS

- Increased knowledge of child development and mental health
- Improved sensitivity when working with children, especially with Black and Latino boys
- Reduced teacher stress levels and teacher turnover



## CAREGIVERS

- Improved communication with teachers and school staff
- Improved parenting skills and ability to identify developmental red flags
- Increased access to mental health services

## PRESCHOOLERS

- Decreased problem behaviors like hyperactivity, impulsivity, inattention, and aggression
- Improved social skills and peer relationships
- Decreased numbers of children suspended and/or expelled for behavior